

"Outlook on Self-identity beyond Concept (Dhammānupassanā)"

International Conference on Buddhist Meditation Practices

20 th to 22 nd, December 2015

International Theravada Buddhist Missionary University

Yangon, Myanmar

Programme

20 Dec 2015

Opening Ceremony

MC.	Prof. Dr. Dhammasāmi, ITBM University and Oxford University
12: 30	Arrival of participants at the Conference Hall, ITBMU
01:00-01:05	1. Opening ceremony by saying Namotassa three times together
01:05-01:20	2. Opening Speech by Abhidhajamahārattaguru Aggamahāpaṇḍita the Most Venerable Prof. Dr. Kumārābhivamsa, Chairman of The State Saṃgha Mahānāyaka Committee, Myanmar
01:20-01:40	3. Welcome Speech by Aggamahāpaṇḍita Prof. Dr. Nandamālābhivamsa, Rector, ITBM University
01:40-02:10	4. Keynote Speech by Aggamahāpaṇḍita Prof. Dr. Ashin Nānissara, Sītagu International Buddhist Academy, Yangon
02:10-02:30	5. Speech by H.E U Soe Win, Union Minister for Religious Affairs of Myanmar
02:30-30:00	6. To offer souvenirs to Sayadaws and Presenters by Aggamahāpaṇḍita Prof. Dr. Candāvarābhivamsa, Pro Rector, ITBM University
03:00-03:30	Group photo

03:30-04:00 Break

04:00-04:40	1. <i>"Is Dhammānupassanā Different of the same with three other anupassanā"</i> by Prof. Dr. Dhammasāmi, ITBM University and Oxford University
04:40-05:00	2. <i>"Textual Analysis of Dhammānupassanā"</i> by Ven. Dr. Vimala Lecturer, ITBM University

21 December 2015

Morning Session

- MC. Moderator** **Prof. Dr. Dhammasāmi, ITBM University and Oxford University**
Ven. Dr. Dhammapiya, Dean of Faculty of Pariyatti, ITBMU
- 08:00-08:00 Arrival of participants at the Conference Hall, ITBMU
- 08:00-08:30 1. *"Dhammānupassanā from Philology Point, and Cause and Effect"* by Sayalay Cālātherī (MA Third Year, ITBMU)
- 08:30-09:00 2. *"Dhammānupassanā as instructed by the Most Venerable Mahasi Sayadaw"* by Ven. Tejinda, Mahasi Meditation Centre, Yangon.
- 09:00- 09:30 3. *"Dhammānupassanā as Taught by The Venerable Mogok Sayadaw"* by Ven. Dr. Āsabha, Mogok Vipassanā Centre, Yangon
- 09:30-10:00 4. *"Self identity Beyond the concept (Dhammānūpassanā)"* by Dr. Daw Saw Mya Yee, Myanmar Buddhist Association, Yangon
- 10:00-10:45 5. *"Dhammānupassanā from the Point of Paṭṭhāna Dhamma"* by U Ohn Kyaw

11:00-12:30 Lunch break

Afternoon Session

- Moderator:** **Prof. Dr. Hla Myint, ITBMU**
- 12:30-13:15 6. *"Dhammānupassanā or Natural Phenomenon"* by Dr. Aung Myat, Retired Senior Consultant Anaesthetist
- 13:15- 14:00 7. *"Obstacles and Pathways in a Meditator's Journey of Self-Awakening: Dammānupassanā as a pathway for managing the five hindrances with a special focus on aversion and moral anger"* by Professor Padmasiri de Silva, Monash University, Australia
- 14:00- 14:45 8. *"When East meets West: Inclusion of Buddhist Mindfulness in Psychotherapy"* by Dr. Piyanjali de Zoysa, Faculty of Medicines, Colombo University, Srilanka

14:45- 15:00 Tea Break

- Moderator:** **Prof. Ven. Dr. Ādiccavaṁsa, Dean of Faculty of Religion and Missionary work, ITBMU**
- 15:00-15:45 9. *"Mindfulness and Stress Management"* by Dr. Charles McCarthy, psychologist, Maryknoll Mental Health, in Cambodia

15:45-16:30 10. "Mercy Message: A Path to Peace" by Aj. PINTONG Mansumittrchai (Chatnarat) Lecturer, Language Institute of MCU (LIMCU), Director of Certificate Program (English for Careers), Ph.D. Candidate, Buddhist Psychology, MCU

16:30-15:30 11. **Panel Discussion Session**

22 December 2015

Morning Session

MC Prof. Dr. Dhammasāmi, ITBM University and Oxford University

Moderator Professor Padmasiri de Silva, Monash University, Australia

08:00-08:00 Arrival of participants at the Conference Hall, ITBMU

08:00-08:45 1. "How to Overcome defilements by Practising Dhammānupassanā" by Ven. Dr. LE Ha, Vietnam Buddhist University, Ho Chi Minh

08:45-09:30 2. "A Philosophical Study of the Conditional Relation of Concept and Consciousness" by Dr. San Tun, Professor and Head, Dept of Philosophy, Dagon University, Yangon

09:30-10:00 3. "The Contemplation of Aggregates" by Dr. J Ko Gyi, Lecturer, ITBM University

10:00-11:00 4. "The Not-self (Anatta) Doctrine and Vipassanā" by Prof. Dr. Min Tin Mon, Pha Ouk Meditation Centre

11:00-12:30 Lunch break

Afternoon Session

Moderator: Prof. Ven. Dr. Uttarañāṇa, London

12:30-13:15 5. "Good and Great" by Ven. Dr. Candamukha, Lecturer, Vinaya Department, Faculty of Pariyatti, ITBMU

13:15-14:00 6. Prof. Dr. Hla Myint, ITBMU

14:00-14:30 Break

14:30- 15:00 7. Ven. Dīṭṭhisampanno Thero, Principal, Smaratunga Buddhist College, Indonesia

15:00-15:45 8. "To overcome Self-Identity Dhammanupassana" by Prof. Dr. Tin Tin Aye, Myanmar Buddhist Association, Yangon

16:30-16:45 9. *"Votes of Thanks"* by Prof. Dr. Thant Zin Naing, Pro-Rector (Adm), ITBM University

16:45-17:00 10. *"Closing Remarks"* by Ven. Prof. Dr. Bhaddanta Dhammapiya, Dean of Faculty of Pariyatti, ITBM University

Note: In Panel discussion session, Moderators and Presenters are required to take seat respectively on the stage.